

Wyoming

● Spring 2007

Comprehensive Cancer Control Consortium

JOINING FORCES TO FIGHT CANCER

May is Skin Cancer Awareness Month

The Wyoming Comprehensive Cancer Control Consortium would like to remind you that May is Skin Cancer Awareness Month! Skin Cancer can be very serious, if it is not detected early. To help you detect skin cancer you should do a self skin exam. It is fairly easy and takes only minutes, all you need is a hand held mirror and a large bathroom mirror. The best time to do a self skin exam is after a shower or bath. To do a self skin exam follow these easy steps:

1. Check for anything new,
 - New mole (that looks different from your other moles)
 - New red or darker color flaky patch that may be a little raised
 - New flesh-colored firm bump
 - Change in the size, shape, color, or feel of an existing mole(s)
 - Sore that does not heal
2. Check your entire body, from head to toe. Do not forget to check your back, scalp, genital area, and between your buttocks.
3. If you find something that is new, or irregular contact your physician.

By checking your skin on a regular basis, you will learn what is normal for your body. Also, the best way to prevent skin cancer is to stay out of harmful UVA and UVB sun rays. If you have more questions please feel free to visit the prevention page on the WCCC website at www.fightcancerwy.org!

Thank you to the National Cancer Institute, for providing information on how to perform a self skin exam.

Did you know....

- 47% of Wyoming adults report having at least one sunburn in the past 12 months. (BRFSS 2004)
- In 2004 there were 154 cases and 21 deaths from Melanoma. (WSCP 2004)
- Wyoming has a higher mortality rate (4.2/100,000) from Melanoma than the national average (3.0/100,000). (WSCP 2004)

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Relay For Life

Relay for Life is the American Cancer Society's signature fundraising event! It is a fun-filled overnight activity that mobilizes communities across the country to celebrate survivorship, remember those who lost their lives to cancer, and raise money for the fight against cancer. The Relay For Life event is headed to a county near you. Please check out the following dates for Wyoming County's:

Albany County 6/15-16/07
Laramie County 6/8-9/07

Campbell County 6/15-16/07
Natrona County 8/3-4/07
Weston County 6/22-23/07

Goshen County 7/13-14/07
Platte County 6/22-23/07

For more information on Relay for Life please contact your local ACS office.

Information provided by American Cancer Society www.cancer.org

Pathways to Success: Wyoming's 9th Annual Summer Institute for Health Education, July 9-12

The Wyoming Department of Education will be hosting its 9th Annual Summer Institute July 9-12, 2007 at Laramie County Community College in Cheyenne. The annual Summer Institute is a statewide conference designed to bring together all levels of school and district staff, parents, community members and youth to expand knowledge and obtain new ideas within in the fields of prevention, health promotion, community partnerships and education. Included in the institute will be a youth track of workshops that will be specifically geared toward student attendees. This year's conference theme is *Pathways to Success*. Featured speakers for the event are Francisco Guajardo, a nationally known speaker in youth leadership development,

and Karl Mecklenberg, former Denver Bronco. Also the Wyoming Comprehensive Cancer Control Program will be presenting a breakout session on the Wyoming Sun Safe Schools of Distinction Program, as well as provide vendor booth at the conference. "This is a prime opportunity for everyone to learn how essential a healthy environment is to the academic success of Wyoming's students," Wyoming State Superintendent of Public Instruction Dr. Jim McBride said. For more information or for registration information please visit the upcoming events page on the WCCCC website

www.fightcancerwy.org or contact Katie Hess at 307-777-1918.

Website Update:



Please feel free to visit the WCCCC Website at:

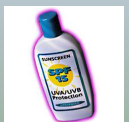
www.fightcancerwy.org, as it has gone through a few changes. There are now pictures up from the WCCCC Day of Hope on the home page. The Early Detection section of the website is still under construction and we will have that up and running May 2007. Also please feel free to register for the up-coming Consortium Meeting on the website on the "Up-coming Events" page. If you have any questions or suggestions about the website please contact Katie Hess at 307-777-1918 or khess@state.wy.us.

Sun Safe Schools of Distinction: Your School could be the first!

In honor of Skin Cancer Awareness month, the WCCCC would like to take this opportunity to about the Wyoming Sun Safe Schools of Distinction Program. This program was formed in an attempt to raise awareness and enhance school policies surrounding sun safety in the state. In order to obtain a sun safe school distinction award, a school must meet various sun safety criteria.

These criteria are; Sun Safety Education; Promotion of Sun Protection Measures; Sun Safety for School Staff; Evaluation, and Family and Community Involvement.

Currently, there are no schools in Wyoming that have been deemed a Sun Safe School of Distinction, however; there are several schools using sun safe curriculum in their classrooms. The WCCCC invites you to visit the Sun Safe Schools page on our website at www.fightcancerwy.org where you may download the application to become a Sun Safe School of Distinction. Your school or your child's school could be the very first Wyoming Sun Safe School of Distinction!



Letter from the Chairpersons...

Dear WCCCC Members:

2007 started with successes for Comprehensive Cancer Control in Wyoming! During the 59th Wyoming State Legislative Session, the Wyoming Cancer Control Act was passed. Governor Dave Freudenthal signed the bill on March 15, 2007. This legislation provides \$1.6 million to reduce the cancer impact in Wyoming and serves as the foundation for ongoing efforts to promote primary prevention, early detection, diagnosis and treatment, and quality of life issues, as well as survivorship services. The bill also provides access for the medically underserved to necessary colorectal cancer screening. This bill has created the foundation to fund the Wyoming Cancer Control Plan slowly over time. As members of the WCCCC, your time and efforts have not gone un-noticed.

The Wyoming Cancer Control Act appropriated approximately \$1.4 million dollars for the creation and implementation of the Wyoming Colorectal Cancer Early Detection Program. This program strives to screen 800 Wyoming men and women for Colorectal Cancer in the 2007-2008 fiscal year. This is one of only 6 such programs in the nation. The Act also provided a funding enhancement for breast and cervical cancer education, outreach, screening, and program management, including a pilot project on the Wind River Indian Reservation. Another component of the bill is the pain management portion. Although it received no funding, this portion of the bill provides the Wyoming Department of Health with the authority to build an acute and chronic pain management advisory committee. This is a step in the right direction for Wyoming pain advocates.

On behalf of the WCCCC, we would like to thank our Wyoming American Cancer Society, its volunteers, and a special heartfelt thank you to Senator Charlie Scott whose vision and determination brought us to this success. We could not have accomplished this without our partners. So thank you to all WCCCC members for your time spent providing us information, talking to legislators, and spending time visiting with your organizations about what we were trying to accomplish.

As July 2007 approaches, we look forward to a new year, with new goals, objectives and challenges to continue to move forward the cancer plan into year II of implementation. Thank for your support!

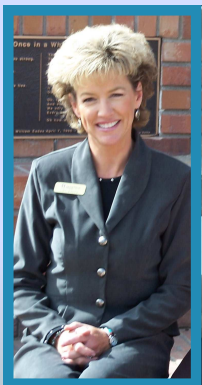
Sincerely,

Senator Eli Bebout
Lisa Eades, President, Jason's Friends Foundation
Dr. Clint Merrill, Meredith and Jeannie Ray Cancer Center

WCCCC Chairpersons



Governor Dave Freudenthal signing the Wyoming Cancer Control Act.



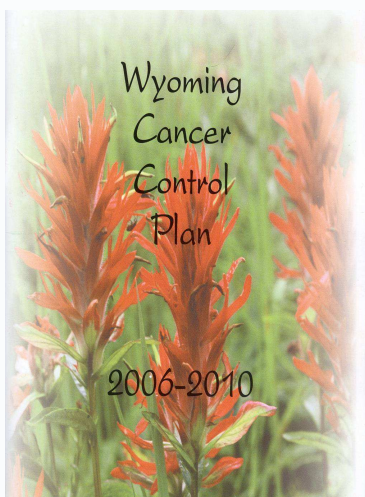
Lisa Eades
President of Jason's
Friends Foundation

The 9th Annual Bowl for Jason's Friends

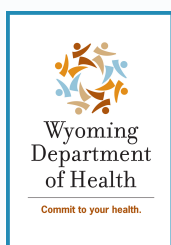
The 9th Annual "Bowl for Jason's Friends" was held in Casper in early March this year. The event was a tremendous success and raised over \$240,000. This money will assist Wyoming families with children suffering from life-threatening brain or spinal cord tumors and childhood cancers. Nearly 1000 bowlers from across the state and Casper participated in the event. "A huge thank you goes to all the bowlers that participated, to our corporate sponsors, our door prize donors, our media sponsors, our hard working volunteers and to El Marko Lanes for hosting the event. Jason's Friends continues to be amazed and in awe of how gracious and generous Wyoming people are." said Lisa Eades, President of Jason's Friends Foundation. The 10th Annual "Bowl for Jason's Friends" will be held in March of 2008. If you would like more information about Jason's Friends please contact lisa@teamnetworks.com

**Wyoming Department of Health
Comprehensive Cancer Control Program**
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**FIRST
CLASS
MAIL**



For a copy of the 2006-2010
Wyoming Cancer Control
Plan please visit the web at
www.fightcancerwy.org



Save the Date!

Contacts and information

Submit articles to: Katie Hess
Call for information: (307) 777.1918

The Semi-Annual Wyoming Comprehensive Cancer Control Consortium meeting will be held Wednesday, July **18**, 2007 in Lander Wyoming from 9:00 a.m. until 3:00 p.m. at the Pronghorn Lodge. Lunch will be provided. Registration information will follow. You can register for the meeting at www.fightcancerwy.org. If you are not on the WCCCC list, please request an invite by calling Jessica Perez at 307.777.7362 or e-mail a request to jperez@state.wy.us.